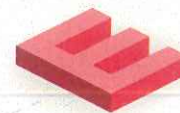# A to Z of e-safety

At the speed the Internet and technology evolves, it's almost impossible to keep on top of e-safety. To make it easier, Alan Mackenzie takes it one letter at a time.

#oeSafeguarding
www.oego.co/A-Z

ANONYMITY
You can be whoever you want online, but so can everyone else, think disinhibition.

BEHAVIOUR
We learn to be respectful and polite in the physical world, why should this be different in the digital one?

CHILD ABUSE
There are different forms of abuse; the protection of children from harm is paramount.

DIGITAL FOOTPRINT
Do you understand where your information goes when you put it online and what it can be used for? What are you really happy sharing?

EDUCATION
The most important aspect to being safe.

FRIENDS
You can have lots of fun with your friends online, but how many of your online friends would you invite for tea?

GAMING
The Internet isn't always scary – it holds endless opportunities for education and creativity!

HACKING
How can people steal your information? How can you keep it safe?

INAPPROPRIATE
Be mindful that what you do online doesn't hurt others, yourself and doesn't break the law!

JAILBREAK
A process of removing restrictions from a device.

KEYLOGGER
The act of recording the keys struck on a keyboard.

LOCATION
Extremely useful to stop getting lost, but remember, your location isn't always secret.

MONITORING
One way of assuring there is no inappropriate behaviour.

NOMO
(no mobile, similar to fomo) Some people can feel anxious if they have lost or misplaced their mobile, and not due to the cost of replacement!

ONLINE BULLYING
Comments made online will stay there forever, and it's much easier to be make hurtful comments when you're hiding behind a screen.

PRIVACY
Make sure you know how to adjust your privacy settings on your apps and devices.

QUIZ
There are endless myths and false information online. Think critically, question yourself. If it sounds too good to be true it probably is.

REPUTATION
What you put online stays online. Your reputation is very important.

SEXTING
Never be pressured into taking, sending or putting something online. A sexually explicit image of a person under the age of 18 is illegal.

TROLLING
Messages designed to provoke a reaction. Don't feed the troll; block, report and ignore.

UNENCRYPTED
It can be easy to lose data; where possible encrypt devices such as laptops, USB pendrives etc.

VIRUS
Malicious code designed with a specific function.

WEB FILTER
Software designed to prevent viewing inappropriate and illegal data.

XBOX
There are endless opportunities for fun and creativity with gaming, but as you can also make friends through gaming communities you need to be aware of e-safety behavior.

YOUTUBE
With adequate filters applied, YouTube is an excellent platform for finding educational videos.

ZZZZZZZ
Take a break – if you use your mobile just before bed you won't sleep as well.