

## **PE Intent KS1**

### **Mossley CE Primary School Physical Education Curriculum KS1**

Pupils will develop the fundamental skills of object control, locomotion and stability which are essential for a life- long love of sport and physical activity. They will take part in a variety of activities, including those with competitive elements, to practice these skills. Through a range of exciting opportunities within and beyond lessons, children will develop a passion for sport and physical activity, leading to individuals with a strong understanding of how to keep fit and healthy.

Pupils shall be assessed half termly on using the below criteria. They will be graded on Bronze (Working Towards), Silver (Working At) and gold (Greater Depth).

Skills to be taught	Breadth of study
<p>Pupils will be taught to use the following practical physical skills:</p> <ul style="list-style-type: none"> <li>• Use travelling techniques such as running, side-stepping, galloping, sliding, skipping and leaping, applying them to game-like situations.</li> <li>• Roll and throw balls and similar objects accurately.</li> <li>• Jump and land effectively and safely.</li> <li>• Use space during game situations.</li> <li>• Work with others to achieve an outcome, i.e. winning a game / scoring.</li> <li>• Support and encourage teammates and show sportsmanship to opponents.</li> <li>• Lead others in game situations.</li> </ul>	<ul style="list-style-type: none"> <li>• Fundamental skills activities.</li> <li>• Conditioned games for sports: football/rugby, Tennis/badminton, netball/basketball, cricket/rounders, hockey, athletics.</li> <li>• Dance/ Gymnastics using the apparatus.</li> <li>• Individual and paired gymnastics practice, including routines.</li> </ul>